



London to Paris Bike Ride, UK & France

From bustling London to romantic Paris your cycling challenge will pass through beautiful English villages on the first day's ride. Once across the English Channel it is time to soak up the magnificent countryside of rural France as you get to know your group on an easier ride on day two.

Your last day's ride will see you head into the most romantic city in Europe, but not before you have completed a challenging days ride. However it will all be worthwhile as you celebrate with a glass of champagne overlooking the Seine under the gaze of Paris' most famous landmark.

You can then enjoy an evening and morning to explore the delights of Paris before returning in comfort on the Eurostar on the final day.

Are you ready for the challenge of cycling nearly 200 miles over three days and through two countries?!

Day 1: Tower Bridge to Newhaven - 69 miles

Your challenge begins early morning in central London. Under the watchful eye of Tower Bridge you will be introduced to your leader, support team and the rest of your group where you will receive your briefing for the event.



Once everyone is all set and ready to go we will depart and head south out of London past Crystal Palace. Within a few hours we will be out of the city and into the beautiful British countryside passing delightful places like Godstone. Once we reach Turners Hill we will stop for a well earned lunch.

Having already covered 44 miles your ride carries on through the South Downs past Haywards Heath and traversing Ditchling Beacon before dropping down into Newhaven in time to catch the ferry.

The first day of the challenge is tough and with an eye on the clock you will have earned a rest on the evening ferry crossing.

Arriving in Dieppe late in the evening you will be transferred to your accommodation for a good night's rest.

Day 2: Dieppe to Gournay en Bray – 54 miles

After a long day yesterday you'll be pleased to hear that today's ride is a little less challenging. Starting with a lie in we'll make a later start to the day. Heading inland on quiet undulating roads we'll pass through tranquil small villages.



This will give you a great opportunity to relax, get to know your fellow riders and soak up the scenery. After about 35 miles you will stop for a leisurely lunch in the town of Saint-Saens.

After lunch the route will roll through more stunning countryside and with less traffic around it's a perfect chance to cruise along or increase your cadence. Arriving late in the afternoon we will get to the campsite in Gournay before having dinner and relaxing evening ahead of a tough final day ahead.



Day 3: Gournay en Bray to Paris – 79 miles

This morning there will be an early rise to allow us to make it to our end goal of Paris. Riding through more beautiful French countryside there will be a few major climbs to overcome over a 50 mile section.

After a few climbs we will stop for a well earned lunch at Boisement on the outskirts of Paris. With only 25 miles left to cover.

The ride into town as you might suspect starts in through suburbs and busy streets with several junctions to overcome along with the Parisian traffic.



For the last 3.5 miles from Bois de Boulogne the group will come together and ride in to the centre of town behind the lead vehicle for safety. The group will cycle down and then back up the famous Avenue Des Champs Elysees, around the Arc De Triomphe before finishing at the Trocadero Gardens with a stunning view of the Eiffel Tower.

Completing your challenge and reaching the famous landmark of gay Paris in the late afternoon you will have time to check into the hotel, freshen up and enjoy an evening of celebration with your fellow riders over a nice meal.

Day 4: Paris to London

You have a free morning in Paris to do with what you will, whether it is a deserved lie in, some shopping or a look around at some of the famous landmarks of this remarkable city.

Around early afternoon we will transfer back to Gare du Nord Eurostar in time to catch the train back to St Pancras, London where you will be able to pick up your bikes from the station's despatch centre.

NB The itinerary is there as a guide and may change due to unusual weather patterns, wildlife movements, the strength of the group and so on. We will endeavour to keep to the set itinerary, but we cannot be held responsible for any last minute changes that might occur. In all circumstances your expedition leader has the final say.

